



# Wayman D. Palmer YMCA

There's  
**NO PLACE**  
Like The Y



**4,525** Members in 2025

› 65% Received Financial Assistance

## HEALTHY LIVING

Thanks to compassionate community support, the YMCA offers healing, hope, and second chances. Evidence-based wellness programs help individuals living with chronic disease gain the knowledge and tools to live healthier, more active lives.

Your support doesn't just fund programs—it helps people move forward with strength, resilience, and hope.

## BRINGING PEOPLE TOGETHER

**75,606**  
Visits in 2025

### ACTIVE OLDER ADULTS

Because of generous donor support, Active Older Adults have access to Healthy Living programs that support chronic disease prevention, group exercise, and educational workshops. Donor generosity also provides weekly lunches and—most importantly—opportunities for seniors to connect, socialize, and build lasting friendships.

2025 Impact: 233 Active Older Adult participants 45 lunches served each week

### COMMUNITY ENGAGEMENT & OUTREACH

Because donors care, the Wayman Palmer YMCA brings critical resources directly to the community through impactful partnerships and events.

2025 Community Impact:

900 youth received shoes (TPS Shoe Giveaway)

5,000 snack bags assembled & 1,500 backpacks distributed (United Way)

700 participants received physicals and health screenings (Community Health Fair)

900 coats, hats, and gloves distributed across 22 ZIP codes

450+ toys provided through Toys for Tots

150 laptops distributed by AT&T

240 families received turkey dinners (Hylant)

### 2025 Swim Impact:

342 total swim lesson participants

296 youth 46 adults

34 students from Rosary Cathedral (kindergarten, 4th & 8th grade)

## YOUTH DEVELOPMENT

**380** Youth Served in 2025  
Age 0-12

### YOUTH DEVELOPMENT

Because of generous donor support, youth have access to sports and enrichment activities—including volleyball, soccer, basketball, pickleball, and more—that help them stay active, build confidence, and learn teamwork.

Your generosity also helps expand opportunity. The new Inez Nash Park will allow the Y to grow outdoor youth programming through access to an athletic field—creating even more space for kids to play, learn, and thrive.

Donors make access possible for teens ages 14-17 through free memberships—opening the door to safe spaces, positive relationships, and healthy choices that can shape their future.

Through Y Achievers, donor support connects youth with mentors and resources that build character and prepare them for life beyond high school. Participants receive mentoring, career readiness training, tutoring, and support for mental health challenges—helping young people feel supported and seen.

### WATER SAFETY

Because every child deserves to be safe in and around water, donor generosity makes the YMCA's Safety Around Water program possible—teaching critical, life-saving skills that could prevent drowning.

Your support also prioritizes swim lessons, allowing youth ages 3 months to 17 years to build confidence and skills through our Swim Academy.



# YMCA of Greater Toledo



**64,568** Members in 2025

**36.16%** Received Financial Assistance



## Healthy Living

Through evidence-based programs led by certified professionals, your support helps individuals prevent disease, feel empowered, and thrive.

**3,256** Lives Transformed in 2025

**14** chronic disease prevention programs Including:

- | LIVESTRONG at the YMCA
- | Diabetes Prevention & Management
- | Parkinson's Exercise Class
- | Heart Attack & Stroke Prevention



## Bringing People Together

**1.5+ Million** Visits in 2025

**15K+** Seniors Served in 2025

**36.16%** Received Financial Assistance

**500** Collaborations with Community Partners

**99%** Live within five miles of a YMCA location



## Youth Development

**2,962 children served** in YMCA Child Care

**20** YMCA Child Care Locations

**43** Elementary Schools served

**9,302 Individuals served** through YMCA Storer Camps programs

**2,564 Individuals served** through Camp Catch-A-Rainbow



**Donate Today!**